



PRODUCT CATALOG

Handcrafted, organic, botanical creations from our home to yours.



About

BOTANICAL SYMPHONIES

At **Botanical Symphonies**, we are passionate about removing as many toxins from our daily lives as possible. Our goal is to create organic, chemical-free body care products that work effectively and are affordable. That's why we are fully transparent about our ingredient choices, steering clear of any harmful chemicals.



We are a family-owned-and-operated business. What started out as a desire to make an organic, first-aid antibiotic balm for our baby (instead of Neosporin), quickly developed into a unique line-up of other great products. And we keep adding more!

While most of our products are handcrafted in our kitchen in Reinholds, Pennsylvania, a few of the items, such as the soaps, are created for us by other small family businesses with the same vision.

We are so happy to share with you the natural herbal blessings that God has gifted to us. We hope your family will enjoy these products as much as we enjoy making them.

With appreciation,

Susanna Nott

Product Overview

At Botanical Symphonies, we are pleased to offer a diverse range of high-quality products. All the ingredients we use are organic and naturally-sourced as much as possible. We do not add any fragrance oils.

01	<u>Healing Balm Collection</u>	4
02	<u>Lip Balm Collection</u>	15
03	<u>Body Butter/Lotion Collection</u>	19
04	<u>Deodorant Collection</u>	24
05	<u>Bath Salts Collection</u>	28
06	<u>Shampoo Bar Collection</u>	30
07	<u>Bar Soap Collection</u>	33
08	<u>Bath Bomb Collection</u>	37
09	<u>Herbal Tea Collection</u>	39
10	<u>Mama/Baby Collection</u>	45
11	<u>Miscellaneous Products</u>	51
	Rose Mineral Facial Toner	
	Herbal Throat & Cough Syrup	
	Bug-B-Gone Insect Repellent	
	Coffee Sugar Scrub	
12	<u>Care Kits</u>	57





01 **Healing Balm** Collection

Experience relief with our Healing Balm Collection, where our handcrafted balms provide the perfect, all-natural ingredients to heal safely and quickly. From those daily boo-boos to severe skin conditions, these balms cater to diverse skin needs of all ages.



Better Bottoms Balm

2 oz.

Designed to heal and protect delicate baby skin from diaper rash. Also soothes and heals adult hemorrhoids.

Ingredients

Olive Oil, Coconut Oil, Beeswax, Calendula, Comfrey, Witch Hazel, Shea Butter, Vitamin E, Essential Oils

Retail Price

\$15.00



Better Bottoms Balm is a soothing, all-natural blend of nourishing ingredients that work together to calm irritation and support skin repair.

Olive oil, coconut oil & beeswax provide deep moisturization and create a protective barrier against moisture.

Calendula and comfrey are known for their gentle, anti-inflammatory properties, helping to reduce redness and promote healing of irritated skin.

Witch hazel acts as a natural astringent, easing discomfort and preventing further irritation, while shea butter and vitamin E softens and protects the skin.

A touch of carefully selected essential oils adds antimicrobial benefits and a light, calming scent, making Better Bottoms Balm a safe and effective choice for your baby's most sensitive areas.

This product has also been designed to soothe and heal adult hemorrhoids.



Blood Poison Drawing Salve

2 oz.

A deeply effective salve for treating stubborn wounds, infections, or skin irritations naturally.

Blood Poison Drawing Salve is a time-honored, powerhouse remedy made with potent natural ingredients known for their antibacterial, antiseptic, and healing properties.

Lard and sheep tallow provide a rich, nourishing base that penetrates deeply into the skin, helping to draw out infection while supporting tissue repair.

Grated carrots, traditionally used in poultices, offer anti-inflammatory and skin-soothing benefits that assist in calming irritated areas.

Beeswax helps seal and protect the affected skin, allowing the ingredients to work more effectively while keeping out dirt and bacteria.

Pure gum turpentine is the star ingredient. Renowned for its powerful antiseptic and drawing properties, it stimulates circulation and helps pull toxins, splinters, or infection to the surface for faster healing.

Ingredients

Lard, Sheep Tallow,
Grated Carrots, Beeswax,
Pure Gum Turpentine

Retail Price

\$15.00



Boo-Boo Balm

2 oz.

A gentle yet powerful first-aid salve made to support the natural healing of cuts, scrapes, and minor skin irritations.

Ingredients

Olive Oil, Plantain, Calendula, Coconut Oil, Beeswax, Essential Oils

Retail Price

\$15.00



Boo-Boo Balm is perfect for little bumps or everyday scrapes, and is a natural must-have for any first-aid kit.

Olive oil infused with plantain and calendula delivers potent anti-inflammatory and skin-repairing properties—plantain helps draw out toxins and speed healing, while calendula soothes irritation and promotes tissue regeneration.

Coconut oil adds an extra layer of moisture and acts as a natural antimicrobial, while beeswax creates a protective barrier to keep out dirt and bacteria.

The essential oils of tea tree, lavender, and frankincense provide antibacterial, anti-inflammatory and skin-rejuvenating benefits, working together to reduce redness, fight infection, and accelerate healing.



Each ingredient in the **Bug Bite Relief Balm** is carefully chosen for its proven skin-healing and anti-itch properties.

The base of infused olive oil provides both nourishment and therapy for irritated skin.

Witch hazel is a natural astringent that helps reduce swelling, redness, and itchiness while cleansing the area. Lemon balm and lemongrass are known for their antimicrobial and anti-inflammatory properties, helping to prevent infection. Lavender and peppermint cool and relieve itching, providing soothing comfort.

Beeswax and shea butter form a protective barrier that locks in moisture and shields the skin from further irritation.

Red raspberry seed oil is rich in antioxidants such as vitamins A and E.

The essential oils of peppermint, lavender, lemon eucalyptus, chamomile, and tea tree amplify the balm's effectiveness by fighting bacteria, reducing inflammation, and speeding the healing of damaged skin.



Bug Bite Relief Balm

2 oz.

A soothing, all-natural remedy designed to calm irritation, reduce inflammation, and speed healing after insect bites or stings.

Ingredients

Olive and Coconut Oil (infused w/ Witch Hazel, Lemon Balm, Lemongrass, Lavender, and Peppermint), Beeswax, Shea Butter, Red Raspberry Oil, Essential Oils

Retail Price

\$15.00



Magnesium Lotion

2 oz.

Magnesium lotion offers a range of health benefits, particularly for those struggling with insomnia, headaches, and aching muscles.

Ingredients

Magnesium Oil, Olive Oil, Shea Butter, Mango Butter, Beeswax, Essential Oil of Lavender

Retail Price

\$15.00



When applied topically, **Magnesium Lotion** is absorbed through the skin, helping to relax tense muscles and reduce inflammation, making it an effective natural remedy for post-workout soreness or chronic muscle pain.

Additionally, magnesium plays a key role in supporting healthy sleep patterns by calming the nervous system and regulating melatonin production, which can be especially beneficial for insomnia.

Unlike oral supplements, magnesium lotion bypasses the digestive system, making it a gentle and efficient option for those with sensitive stomachs or absorption issues.

Magnesium lotion can be an effective way to help calm fussy babies and support more restful sleep. When massaged into the skin, it may promote relaxation by soothing the nervous system and easing muscle tension, helping little ones settle more easily at bedtime. Many parents find that a small amount applied during a nightly routine can contribute to a more peaceful, restorative sleep for their baby.



Menstrual Cramp Relief Balm

2 oz.

A soothing balm that brings gentle, natural relief during a woman's monthly cycle.

Ingredients

Coconut Oil, Sweet Almond Oil, Beeswax, Essential Oils

Retail Price

\$15.00



Each ingredient in the **Menstrual Cramp Relief Balm** works in harmony to ease muscle tension and calm inflammation.

Coconut oil helps reduce inflammation, while sweet almond oil enhances circulation.

Beeswax forms a soft protective barrier, keeping the skin supple and smooth.

The essential oil blend is specially chosen for its benefits in easing menstrual pain. Clary sage is well known for its balancing effect on hormones and its ability to calm uterine spasms. Marjoram promotes muscle relaxation and improves blood flow. Fennel relieves bloating and regulates muscle contractions. Peppermint and lemongrass bring cooling, anti-inflammatory relief, while lavender's calming aroma supports relaxation.

Gently massaging this balm over the lower abdomen or lower back can provide immediate comfort, turning a time of discomfort into an opportunity for self-care and rest.

For optimal relief, pair with our Menstrual Cramp Relief Tea.



Miracle Skin Healing Balm

2 oz.

Soothes and repairs skin affected by eczema, psoriasis, and severe dryness.

Ingredients

Beeswax, Olive Oil infused with Calendula and Comfrey, Shea Butter, Coconut Oil, Mango Butter, Cocoa Butter, Tamanu Oil, Vitamin D3 Oil, Vitamin E Oil, Neem Oil, and Essential Oils of: Lavender, Rosemary, Tea Tree, Copaiba, and Frankincense

Retail Price

\$15.00



Miracle Skin Healing Balm is a powerful, all-natural remedy that delivers deep relief and hydration for compromised skin.

The olive oil is infused with calendula and comfrey—herbs known for their anti-inflammatory and skin-regenerating properties.

Mango, cocoa, and shea butters deeply moisturize and restore the skin's barrier, while beeswax locks in hydration and provides a protective layer.

Coconut, neem, and tamanu oils offer antibacterial, antifungal, and anti-inflammatory benefits, helping to calm irritation and support healing.

Vitamin E and D oils nourish the skin, promoting cell regeneration and immune support. Topical Vitamin D has been proven to be particularly healing for psoriasis.

The essential oils help reduce redness, calms itch, and promotes skin wellness.



Tranquil Sleep Balm

2 oz.

Designed to promote deep relaxation and restful sleep.

Tranquil Sleep Balm is a soothing blend of calming botanicals designed to promote deep relaxation and restful sleep.

Lavender-infused olive oil forms a gentle, nourishing base that helps relax the body and quiet the mind.

The essential oils of frankincense and myrrh provide grounding and stress-relieving benefits, while cedarwood and vetiver offer earthy, sedative properties that ease tension and support emotional balance.

Lavender and chamomile enhance the blend with their well-known calming effects, helping to reduce anxiety and prepare the body for restorative sleep.

For best results, rub the balm on the bottoms of the feet and cover with socks before bed. This allows the therapeutic oils to absorb and gently relax you into a peaceful night's rest.

Ingredients

Olive Oil (infused with Lavender Flowers), Coconut Oil, Beeswax, Essential Oils

Retail Price

\$15.00



Mama's Comfort Nipple Balm

1 oz.

Provides relief
and protection for
nursing mothers.

Ingredients

Olive Oil (infused with
Calendula, Marshmallow,
and Chamomile), Coconut
Oil, Lanolin, Beeswax,
Cocoa butter, Shea Butter

*All organic ingredients
except Lanolin.*

Retail Price

\$10.00



Mama's Comfort Nipple Balm is a nurturing essential for every breastfeeding journey. This deeply soothing and healing blend is gentle, effective, and safe for baby.

Olive oil infused with calendula, marshmallow, and chamomile delivers powerful anti-inflammatory and skin-repairing benefits—calendula helps reduce irritation and promotes healing, marshmallow root provides a cooling, protective layer, and chamomile calms sensitive, inflamed skin.

Coconut oil and shea butter offer intense moisture and antimicrobial support, while cocoa butter adds rich nourishment to prevent cracking and dryness.

Lanolin, a time-tested favorite for breastfeeding care, helps lock in moisture and repair skin quickly.

Beeswax creates a breathable barrier to protect against further irritation.

REVIEWS

from our clients



The **magnesium lotion** works wonders in getting my baby to sleep better at night! She had gotten to be such a restless sleeper, getting up 4-6 times (she is cutting teeth too), but the past few nights she's been awake only once!

“

Five-star review on the **magnesium lotion!** I find it so helpful for tight sore muscles and am in my 20th week in my 6th pregnancy and really like it for relieving round ligament pain.



Five-star review for the **blood poison salve.** Several days after I received my order, our 4-year-old fell and got a gash on his hand. The one morning it looked very angry and pussy. I used the salve and the next day it looked so clean and healing.

“

Our two-yr-old woke up with three large welts on her leg (mosquito bites). She was crying and rubbing at them, so I applied **bug bite relief balm** and the crying stopped. I reapplied several times and by evening, there were only small red dots!





02 Lip Balm Collection

The organic ingredients in our Lip Balm Collection create a luxurious balm that not only feels indulgent but also works holistically to protect, heal, and restore your lips to soft, healthy perfection.



Coconut oil is rich in fatty acids that deeply moisturize and restore the skin's natural barrier. It helps smooth cracks while providing gentle antibacterial protection to prevent infection.

Beeswax adds a natural layer of defense by locking in moisture and forming a breathable shield against harsh weather and sun exposure.

Shea butter is another powerful emollient that delivers vitamins A and E, promoting cell regeneration and elasticity. It melts easily into the lips, replenishing lost moisture and helping heal rough, peeling skin.

Sweet almond oil, rich in vitamins and antioxidants, soothes inflammation while improving softness and shine.

Castor oil gives a glossy texture and penetrates deeply to draw moisture into the skin.

Honey, a natural humectant, attracts and retains moisture while offering gentle antimicrobial protection.

Essential oils provide both a touch of natural scent and targeted benefits—such as mint for a refreshing tingle, lavender for soothing, or orange for uplifting nourishment.



Organic Lip Balm

A deeply nourishing and protective treatment for dry or chapped lips.

Spearmint
Sweet Orange
Lavender Mint
Unflavored

Ingredients

Coconut Oil, Beeswax, Shea Butter, Sweet Almond Oil, Castor Oil, Honey, Essential Oils

Retail Price

\$4.00



Cold Sore Lip Balm

Designed to soothe, treat, and help prevent cold sores naturally.

Ingredients

Olive Oil (infused with Lemon Balm and Calendula), Coconut Oil, Tamanu Oil, Castor Oil, Shea Butter, Beeswax, Essential Oils of Tea Tree and Peppermint

Retail Price

\$5.00



Cold Sore Lip Balm is a powerful blend of healing and preventative botanical ingredients that work synergistically to calm outbreaks, speed healing, and reduce recurrence.

Olive oil infused with lemon balm and calendula provides antiviral and anti-inflammatory properties—lemon balm is especially known for its ability to combat the herpes simplex virus, while calendula promotes fast healing and soothes irritation.

Coconut oil, tamanu oil, and castor oil deeply moisturize and support skin repair, with tamanu offering additional antimicrobial benefits.

Shea butter and beeswax create a protective barrier to lock in moisture and shield lips from further irritation.

The essential oils of tea tree and peppermint add a cooling sensation while delivering potent antiviral and antibacterial support.

REVIEWS

from our clients



”
Lip Balm: Five-star review from my husband! This is probably the first summer that he's been able to prevent his lips from sunburning! It's now a staple in his pocket, and we aren't about to run out!

“

Thumbs up on your **cold sore lip balm**. My husband tried it and says, "that stuff works!" in a slightly surprised tone.





03 **Body Butter / Lotion** Collection

Indulge your skin with our luxurious body butter and lotion collection, crafted from the finest natural ingredients. Each product is designed to deeply nourish and hydrate, leaving your skin feeling soft, smooth, and rejuvenated.



Whipped Body Butter Floral Citrus

4 oz.

Heals and moisturizes dry, tired skin using nature's most effective ingredients.

Ingredients

Mango Butter, Jojoba Oil, Arrowroot Powder, Vitamin E, Essential Oils

Retail Price

\$25.00



Whipped Body Butter is a luxurious, deeply-nourishing blend that leaves your skin feeling soft, smooth, and radiantly healthy.

Mango butter is rich in antioxidants and fatty acids that restore moisture, soothe irritation, and promote skin elasticity.

Jojoba oil closely mimics the skin's natural sebum, allowing it to absorb easily while providing lasting hydration and supporting skin repair.

Arrowroot powder gives the butter a silky, non-greasy finish, making it perfect for daily use.

Vitamin E enhances skin healing and protects against environmental damage.

The floral citrus essential oil blend adds an uplifting scent without being over-powering.



Our **Whipped Tallow Balm** is super soft, creamy, absorbent and feels silky on the skin. Suitable for daily use like lotion, this popular balm has the mineral requirements needed for optimal healing, and can be applied multiple times daily.

Tallow, especially when it comes from grass-fed cattle, contains many beneficial nutrients and minerals that have anti-inflammatory, detoxifying, softening, and regenerative properties.

Tallow is full of soluble vitamins A, D, E, K, and B12, which promotes youthful skin and fights free radicals that cause wrinkles.

Tallow is abundant in conjugated linoleic acid (CLA) which has powerful anti-inflammatory properties.

Tallow contains collagen which works on the skin's surface and, like other moisturizers, slows the rate of water loss from the skin, keeping it supple.



Whipped Tallow Balm

4 oz.

Treats severely dry skin, burns, rashes, and abrasions.

Ingredients

Grass-fed Beef Tallow,
Organic Olive Oil, Essential
Oils

Retail Price

\$25.00



Natural Hand & Body Cream with Aloe

Unscented

4 oz.

Thick and non-greasy, this cream is heavy on the moisturizing but light to the touch.

Ingredients

Filtered Water, Aloe Juice, Coconut Oil, Stearic Acid, Organic Refined Shea Butter, OliveM 1000, Cetyl Alcohol, Radish Root Ferment, Organic Sesame Seed Oil, Lactobacillus and Coconut Fruit Extract, Extra Virgin Rosehip Oil, Citric Acid, Vitamin E.

Retail Price

\$10.00



Natural Hand & Body Cream is a great cream for all areas of your body.

It is rich in moisturizing oils like Shea Butter and Coconut and enhanced with antioxidant-rich oils such as Rosehip and Sesame Seed. Aloe Concentrate and Vitamin E add moisturizing effects.

For the preservatives, we used our proven blend of Radish Root Ferment and Lactobacillus & Coconut Fruit Extract.

For thickening agents, we chose Stearic Acid and Cetyl Alcohol as the best two. Stearic Acid is a fatty acid that has been used for decades in cosmetics because of its ability to melt into the skin while creating a soft velvety finish. Cetyl Alcohol softens the skin and locks in moisture and acts as both a thickener and co-emulsifier without getting sticky like a wax.

One key element that makes this lotion exclusive is OliveM 1000, a more natural PEG-free emulsifying product derived from olives. This ingredient is the keystone to creating the amazing skin feel for the most naturally-derived cream we ever made.

REVIEWS

from our clients



Whipped tallow balm from botanical symphonies finally got rid of my son's yeast rash. Together with the **better bottoms balm**. 🍷

“

I am very impressed with my **body butter!** It is a bit greasy when applying but it absorbs into your skin quickly. The light, refreshing, floral scent is wonderful! I am super sensitive to scents, but this one does not bother me. Very pleased and a great product!



Five-star review on the **Tallow Balm**. Every winter I get terribly dry and cracked knuckles. After only 4 days of applying in the morning and at night, they were healed! No cracked or bleeding chapped skin. The smell is also very pleasant but subtle.

“

A big shout-out to this yummiest of body butters! This morning I decided to use **Whipped Body Butter** as a moisturizing after-shave treatment for my legs...and wow, I've finally found the perfect body butter! It's much less "sticky" and "smearly" than most, absorbs quickly, and my skin just glows.





04 Deodorant Collection

Our organic, all-natural deodorant, thoughtfully crafted with pure ingredients, offers gentle, yet effective, odor protection without the harsh chemicals found in conventional products.



Natural Deodorant w/ Baking Soda

2.5 oz.

Each ingredient works together to keep you fresh, dry, and nourished while supporting the body's natural detox and sweat processes.

Lavender Vanilla
Evergreen Essence
Rose Garden

Ingredients

Coconut Oil, Beeswax,
Aluminum-Free Baking
Soda, Non-GMO
Cornstarch, MCT Oil,
Essential Oils

Retail Price

\$10.00



Coconut oil serves as a soothing base, known for its natural antibacterial and antifungal properties. These qualities help eliminate odor-causing bacteria while keeping the underarm area soft and moist.

Beeswax provides a smooth glide to the stick and a long-lasting structure, even in warmer conditions.

Aluminum-free baking soda is a key odor-fighting ingredient that neutralizes acids and balances the skin's pH to prevent the growth of odor-causing bacteria.

For those who prefer a gentle touch, non-GMO cornstarch helps to absorb excess moisture naturally, keeping the underarms dry without clogging pores or blocking sweat glands. This allows the body to perspire as it should while reducing the damp feeling associated with sweating.

MCT oil (medium-chain triglycerides derived from coconut oil) enhances the deodorant's smooth texture and helps disperse essential oils evenly throughout the blend. It also provides light hydration.

Finally, the essential oils not only lend a pleasant, natural scent, but also contribute antimicrobial and deodorizing properties.



Many natural deodorants rely on baking soda to combat odor, but for those with sensitive skin, it can be too harsh. This blend offers effective odor protection and moisture control through a balance of plant-based and mineral ingredients.

Arrowroot helps keep the underarm area dry and silky, while activated charcoal draws out impurities and toxins from the skin, trapping odor-causing bacteria.

Magnesium hydroxide and zinc ricinoleate offer a powerful alternative to baking soda. Magnesium hydroxide neutralizes the acids that bacteria thrive on, preventing the formation of body odor. Zinc ricinoleate, derived from castor oil, captures and absorbs odor molecules without interfering with the body's natural perspiration.

Fractionated coconut oil, organic coconut oil, organic shea butter, and jojoba esters nourish and protect the delicate underarm skin, forming a light protective layer that prevents chafing and dryness.

Stearyl alcohol, formed from oils like Coconut, Palm, and Shea Butter replaces waxes and allows the product to glide on without being sticky or occlusive. Highly water resistant with a touch of slip. Essential oils top it off with a subtle, clean scent, making this a refreshing deodorant.



Natural Deodorant Baking-Soda FREE

3 oz.

A gentle yet powerful formula designed to keep you fresh and confident—without irritation.

Lavender
Eucalyptus Spearmint
Orange Lemongrass

Ingredients

Fractionated Coconut Oil, Stearyl Alcohol, Arrowroot Powder, Magnesium Hydroxide, Zinc Ricinoleate, Essential Oil, Organic Coconut Oil, Organic Shea Butter, Jojoba Esters, Activated Charcoal

Retail Price
\$13.00

REVIEWS

from our clients



I've been using the **baking-soda free** version from and it's the first clean deodorant I've ever used that 1) didn't burn or irritate my skin, and 2) is effective.

“

Another thumbs up for the **deodorant**. I've used a couple different natural deodorants and was never quite satisfied...either they were crumbly, left greasy stains, etc. This one I'm happy with.
Love the Lavender Vanilla.



Your **deodorant** has been lasting and smelling so good on me throughout the night and even into the next day. I've been loving it! Yours is a better quality, keeping me dry and smelling nice.

“

I give the the **baking-soda free deodorant** five stars. It's soft and easy to apply and it WORKS! I tried so many natural deodorants and this is by far the one that has worked the best for me, and I am one that sweats easily.





05 **Bath Salts** Collection

Our Bath Salts offer a luxurious and therapeutic soak that relaxes the body, nourishes the skin, and supports gentle detoxification.



Floral Bath Salts

**Lavender Eucalyptus
Rose Geranium**

Ingredients

Epsom Salt, Himalayan Salt,
Dead Sea Salt, Colloidal Oat
Powder, Dried Flowers,
Essential Oils

Retail Price
\$12.00



Colloidal Oat Powder soothes and softens the skin, providing relief from dryness and irritation while creating a silky bathing experience.

Epsom salt is rich in magnesium, which helps relax sore muscles and calm the nervous system.

Dead Sea salt delivers a wealth of minerals that promote skin healing and improve circulation, while Himalayan salt supports the body's natural detox processes and restores mineral balance.

Dried florals and fragrant essential oils enhance the sensory experience, creating a calming, spa-like atmosphere that leaves both body and mind refreshed and renewed.



06 Shampoo Bar Collection

Our Rosemary Shampoo Bars are a gentle, eco-friendly way to cleanse and nourish your hair without harsh chemicals or plastic waste.



Rosemary Shampoo Bar

Each ingredient in these handcrafted bars is chosen to promote healthy, shiny hair and a balanced scalp.

Rosemary Peppermint

Ingredients

Saponified Oils (Olive Oil, Palm Oil*, Coconut Oil*, Shea Butter*, Castor Oil*), Essential Oils of Rosemary & Peppermint, Menthol

Rosemary Lavender

Ingredients

Saponified Oils (Olive Oil, Palm Oil*, Coconut Oil*, Shea Butter*, Castor Oil*), Essential Oils of Rosemary & Lavender, Rosemary Powder

*organic

Retail Price

\$7.00



Olive oil is rich in antioxidants and vitamins A and E, which help soothe the scalp and protect hair from dryness and damage.

Coconut oil adds a rich, creamy lather to the bar and deeply moisturizes each strand, helping to reduce breakage and frizz.

Palm oil ensures a rich, cleansing wash without stripping away the hair's natural oils.

Shea butter's natural vitamins and fatty acids restore softness and elasticity while soothing the scalp.

Castor oil plays a special role as a natural conditioner. This thick, nutrient-rich oil is also known to support healthy hair growth and reduce dryness at the scalp.

Essential oils add a natural fragrance and can provide additional benefits such as scalp stimulation and dandruff control.

The **Rosemary Peppermint** bar is blended with Menthol for a cooling experience. Suggested for normal to oily hair.

The **Rosemary Lavender** bar is more relaxing. Suggested for normal to dry hair.

Both of these are suitable for men and women and can be used in the hair, body, beard, or for shaving.

REVIEWS

from our clients



Five-star for the **shampoo bar!** I like how much it lathers compared to other clean shampoos. And the best part, it's much more cost effective. I've found I don't need to use conditioner with it either even though my hair is typically pretty dry.

“

Review on the **shampoo bar:**
I decided to give it a try and I really like it!
It leaves my hair so smooth and silky.



Loving the **peppermint shampoo bar.**
Absolutely amazing how it suds!

“

I love how the **Peppermint Shampoo Bar**
leaves the scalp feeling so refreshed.





07 **Bar Soap** Collection

Our handcrafted Bar Soap is a great option for all skin types including infants and the most sensitive skin. Any scent comes from essential oils. No fragrance oils. Any color is from herbs or clay. No synthetic dyes or coloring.



Aloe Calendula
(unscented)

Ingredients
Saponified Oils (Olive Oil, *Palm Oil, *Coconut Oil, *Shea Butter), Aloe Vera, Calendula Petals

*organic

Retail Price:
\$6.50



Fir Needle

Ingredients
Saponified Oils (*Palm Oil, *Coconut Oil, *Sunflower Oil, *Shea Butter, *Extra Virgin Olive Oil), Fir Needle Essential Oil, Parsley Powder

*organic

Retail Price:
\$6.50



Lavender Oatmeal
Goat Milk

Ingredients
Saponified Oils (Olive Oil, *Palm Oil, *Coconut Oil, *Shea Butter), Goat Milk, Lavender Essential Oil, Oatmeal

*organic

Retail Price:
\$6.50



Mint Chocolate

Ingredients
Saponified Oils (Palm Oil*, Coconut Oil*, Cocoa Butter*, Extra Virgin Olive Oil*), Spearmint & Peppermint Essential Oils, Chocolate*, Spirulina Powder

*organic

Retail Price:
\$6.50



Orange Lemongrass
Goat Milk

Ingredients
Saponified Oils (Olive Oil, *Palm Oil, *Coconut Oil, *Shea Butter), Goat Milk, Orange & Lemongrass Essential Oils

*organic

Retail Price:
\$6.50



Peppermint Tea Tree

Ingredients
Saponified Oils (Palm Oil*, Coconut Oil*, Sunflower Oil*, Olive Oil*), Peppermint & Tea Tree Essential Oils, Parsley Powder, Peppermint Leaves

*organic

Retail Price:
\$6.50



Rainforest Essence

Ingredients

Saponified Oils (Palm Oil*, Coconut Oil*, Sunflower Oil*, Extra Virgin Olive Oil*), Essential Oils of: Lavender, Eucalyptus, Fir Needle, Clove & Cinnamon, Poppy Seeds, Spirulina Powder

*organic

Retail Price:

\$6.50



Super Shea

(unscented)

Ingredients

Saponified Oils (Olive Oil, Palm Oil*, Coconut Oil*, Shea Butter*),

*organic

Retail Price:

\$6.50

REVIEWS

from our clients



We really like the **aloe calendula soap** for my husband's sensitive skin. ”



08 **Bath Bomb** Collection

Our Bath Bombs are chemical-free. No fragrance oils and no dyes or artificial coloring. Sunflower Oil is added as a skin moisturizer.



Citrus Medley

Ingredients

Sodium Bicarbonate, Citric Acid, Arrowroot Powder, Grapefruit EO, Sunflower Oil, Water, Orange EO, Annatto Powder, Yellow French Clay, Pink French Clay, Lemon EO, Key Lime EO, Isopropyl Alcohol*



Sinus Soother

Ingredients

Sodium Bicarbonate, Citric Acid, Arrowroot Powder, Sunflower Oil, Water, Eucalyptus EO, Lemon EO, Frankincense EO, Peppermint EO, Rosemary EO, Thyme EO, Isopropyl Alcohol*



Eucalyptus Spearmint

Ingredients

Sodium Bicarbonate, Citric Acid, Arrowroot Powder, Sunflower Oil, Spirulina, French Green Clay, Eucalyptus EO, Spearmint EO, Water, Blue Spirulina, Isopropyl Alcohol*



Snowflake

Ingredients

Sodium Bicarbonate, Citric Acid, Arrowroot Powder, Sunflower Oil, Peppermint Essential Oil, Lavender Essential Oil, Water, Blue Spirulina Powder, Isopropyl Alcohol*



Retail Price:

\$4.00

Buy 3 for \$10
mix & match

**Used in manufacturing but little to none remains after evaporation*



09 **Herbal Tea** Collection

Crafted from all-natural ingredients, our collection of organic Herbal Tea ranges from medicinal to comforting to inspiring.



Christmas Morning Tea

45 servings

A delightful holiday blend of organic botanicals.

Ingredients

Ceylon (Orange Pekoe) Tea,
Hibiscus Flowers,
Peppermint Leaves,
Cinnamon Chips, Cloves,
Orange Peel

Retail Price

\$15.00



Christmas Morning Tea is a festive and flavorful blend that captures the warmth and joy of the holiday season in every sip.

The bold richness of orange pekoe black tea provides a smooth, energizing base, while hibiscus flowers add a bright, tangy note and a beautiful crimson hue.

Peppermint leaves bring a refreshing coolness that pairs perfectly with the spicy warmth of cinnamon chips and whole cloves, creating a cozy, comforting aroma.

Orange peel adds a touch of citrusy sweetness, rounding out the blend with a cheerful, zesty finish.

Perfect for sipping by the fire or sharing with loved ones, this tea is a delicious way to celebrate the magic of Christmas morning.



Menstrual Cramp Relief Tea

15 servings

A powerful herbal blend crafted to ease discomfort and support hormonal balance during your cycle.

Ingredients

Red Raspberry Leaf, Motherwort, Cramp Bark, Peppermint, Nettle, Dandelion Leaf

Retail Price

\$15.00



Menstrual Cramp Relief Tea creates a comforting and effective tea to help you feel more balanced and at ease during your period.

Red raspberry leaf tones the uterine muscles, helping to reduce cramping and promote a more comfortable flow.

Motherwort calms the nervous system and supports hormonal regulation, making it especially helpful for emotional balance during PMS.

Cramp bark is well known for its antispasmodic properties, directly targeting muscle cramping and pain relief.

Peppermint adds a soothing, cooling effect that can ease nausea and bloating, while nettle provides essential nutrients like iron and magnesium to replenish the body.

Dandelion gently supports liver function and reduces fluid retention, aiding in overall hormonal harmony.

For optimal relief, pair with our Menstrual Cramp Relief Balm.



Stress-B-Gone Tea

15 servings

A calming herbal blend crafted to relieve stress, ease anxiety, and promote deep, restorative sleep.

Ingredients

Holy Basil (Tulsi), Lemon Balm, Chamomile, Lavender, Eleuthero Root

Retail Price

\$15.00



The ingredients in our **Stress-B-Gone Tea** work in harmony to help you feel more centered and relaxed during the day and ready for restful sleep at night.

Holy basil, also known as Tulsi, is an adaptogen that helps balance cortisol levels and supports the body's natural response to stress.

Lemon balm has gentle calming properties that uplift the mood and soothe nervous tension.

Chamomile and lavender are both well-known for their ability to relax the mind and body, making it easier to unwind and fall asleep peacefully.

Eleuthero adds adaptogenic support, enhancing the body's resilience to stress and fatigue without causing drowsiness during the day.

seasonal



Winter Wellness Tea is a delicious and effective tea to support your body through the cold and flu season.

Eleuthero, an adaptogenic herb, helps strengthen the immune system and increase the body's resilience to stress and illness.

Ginger root provides warming relief, easing congestion and sore throats while offering natural antiviral and anti-inflammatory benefits.

Elderberries are rich in antioxidants and have been traditionally used to reduce the severity and duration of colds and flu.

Cinnamon chips add a comforting flavor and help fight infection with their antimicrobial properties.

Rosehips, packed with vitamin C, support immune function and help soothe inflammation.



Winter Wellness Tea

15 servings

A powerful blend of immune-boosting and soothing herbs designed to help the body fight off viruses, ease flu symptoms, and calm sore throats.

Ingredients

Eleuthero, Elderberries, Ginger, Rosehips, Cinnamon Chips

Retail Price

\$15.00

REVIEWS

from our clients



Menstrual Cramp Relief Tea review:

This tea is so amazing! Every time I use it, I'm amazed again at the results I get. I've been using it for over a year now. I usually drink this tea when the cramping gets severe, and it works much better and kicks in faster than Tylenol.



That **Winter Wellness Tea** is amazing with honey!





— 10 **Mama/Baby** Collection

Discover our nurturing collection featuring our natural products designed to pamper both mother and child.



Nature's Dust Healing Baby Powder

6 oz.

A powerful blend of plant-based and mineral-rich ingredients that work in harmony to soothe, protect, and heal delicate skin.

Ingredients

Kaolin White Clay, Arrowroot Powder, Zinc Oxide, Marshmallow Root Powder, Comfrey Root Powder

Retail Price

\$20.00



Nature's Dust Healing Baby Powder is gentle enough for newborns yet effective for all ages.

Kaolin white clay and arrowroot powder absorb excess moisture gently, keeping baby's bottom dry without irritation.

Zinc oxide creates a breathable barrier that shields skin from wetness and friction, helping to prevent and heal diaper rash.

The addition of marshmallow root powder, known for its natural mucilage, offers deep soothing relief for inflamed or chafed skin, while comfrey root powder promotes the skin's natural repair process with its allantoin content.

Nature's Dust is a healing, herbal touch your whole family can trust.



Better Bottoms Balm

2 oz.

Designed to heal and protect delicate baby skin from diaper rash. Also soothes and heals adult hemorrhoids.

Ingredients

Olive Oil, Coconut Oil, Beeswax, Calendula, Comfrey, Witch Hazel, Shea Butter, Vitamin E, Essential Oils

Retail Price

\$15.00



Better Bottoms Balm is a soothing, all-natural blend of nourishing ingredients that work together to calm irritation and support skin repair.

Olive oil, coconut oil & beeswax provide deep moisturization and create a protective barrier against moisture.

Calendula and comfrey are known for their gentle, anti-inflammatory properties, helping to reduce redness and promote healing of irritated skin.

Witch hazel acts as a natural astringent, easing discomfort and preventing further irritation, while shea butter and vitamin E softens and protects the skin.

A touch of carefully selected essential oils adds antimicrobial benefits and a light, calming scent, making Better Bottoms Balm a safe and effective choice for your baby's most sensitive areas.

This product has also been designed to soothe and heal adult hemorrhoids.



Each ingredient in the **Herbal Sitz Bath** works in harmony to ease discomfort, reduce swelling, and promote tissue repair after childbirth.

Chamomile and lavender bring calm to both body and mind, offering natural anti-inflammatory and antimicrobial benefits. Their soft floral aroma soothes emotional tension while their healing compounds gently cleanse and calm irritated skin.

Calendula, known for its powerful skin-regenerating properties, helps mend delicate tissues and reduces the risk of infection.

Yarrow and comfrey further enhance this restorative effect—yarrow helps stop minor bleeding and tone tissues, while comfrey supports cell regeneration and speeds the healing of tears or stitches.

The mineral blend of Epsom salt, Dead Sea salt, and Himalayan salt delivers deep detoxification and replenishment. Rich in magnesium and trace minerals, these salts help reduce inflammation, ease muscle aches, and draw out impurities from the skin.

Rosemary, with its invigorating and antimicrobial properties, stimulates circulation and promotes recovery, while also providing a refreshing herbal aroma.



Herbal Sitz Bath

Makes 3 baths

A soothing, restorative blend crafted to support postpartum healing and comfort for new mamas

Ingredients

Chamomile, Lavender, Calendula, Yarrow, Comfrey, Mineral Blend of Epsom Salt, Dead Sea Salt & Himalayan Salt, Rosemary

A reusable cloth filter is included for ease of use.

Retail Price

\$20.00



Mama's Comfort Nipple Balm

1 oz.

Provides relief
and protection for
nursing mothers.

Ingredients

Olive Oil (infused with
Calendula, Marshmallow,
and Chamomile), Coconut
Oil, Lanolin, Beeswax,
Cocoa butter, Shea Butter

*All organic ingredients
except Lanolin.*

Retail Price

\$10.00



Mama's Comfort Nipple Balm is a nurturing essential for every breastfeeding journey. This deeply soothing and healing blend is gentle, effective, and safe for baby.

Olive oil infused with calendula, marsh-mallow, and chamomile delivers powerful anti-inflammatory and skin-repairing benefits—calendula helps reduce irritation and promotes healing, marshmallow root provides a cooling, protective layer, and chamomile calms sensitive, inflamed skin.

Coconut oil and shea butter offer intense moisture and antimicrobial support, while cocoa butter adds rich nourishment to prevent cracking and dryness.

Lanolin, a time-tested favorite for breast-feeding care, helps lock in moisture and repair skin quickly.

Beeswax creates a breathable barrier to protect against further irritation.

REVIEWS

from our clients



Thank you so much for the time and effort you put into creating products! I realized I was no longer reaching for the baby powder and Healing Elements, since I bought the **Better Bottoms Balm**.

“

Natures Dust Baby Powder: I absolutely love the powder! It is phenomenal. 10 out of 10 for me. [My baby] hasn't had a rash since I've switched to your products. Her bottom is dry, smooth, and not red.



I received the **Nature's Dust Baby Powder** and began using it after my little one developed a diaper rash. Let me tell you... It is by far, THE BEST product I have right now for my baby! I will never use anything else. After one application the rash miraculously went away! If there was one product that I would purchase for someone who just had a baby, the Nature's Dust Baby Powder would be it! This is a must have! Here is my jingle: If your baby begins to cry, Nature's Dust Baby Powder will keep them dry!

”



11 **Miscellaneous** Collection

Experience more of our natural wellness products, meticulously crafted to nourish and rejuvenate your body.



Rose Mineral Facial Toner is a rejuvenating, gentle skincare essential that combines the soothing power of Rose Water Hydrosol with the revitalizing benefits of Derma Boost, a unique blend of minerals sourced from the desert.

Rose Water Hydrosol helps to tone and calm inflammation. It balance the skin's pH, and hydrates without clogging pores, making it ideal for all skin types—including sensitive or acne-prone skin.

Derma Boost delivers a rich infusion of essential trace minerals that support skin regeneration, improve elasticity, and promote a healthy, radiant complexion.

Together, these ingredients work synergistically to tone, nourish, and refresh the skin, leaving it soft, balanced, and glowing.



Rose Mineral Facial Toner

4 oz.

A hydrating, steam distilled, rose water facial mist which is made from natural roses.

Ingredients

Pure Steam-Distilled Rose Water Hydrosol and Pure Fulvic Trace Minerals

Retail Price

\$12.00



Herbal Throat & Cough Syrup

8 oz.

A potent blend of medicinal herbs crafted to naturally soothe sore throats and calm persistent coughs.

Ingredients

Basswood Honey, Elderberries, Rose Hips, Wild Cherry Bark, Echinacea Root, Mullein, Licorice Root, Cinnamon, Ginger

Retail Price

\$25.00



Our popular **Throat & Cough Syrup** is a delicious and highly effective herbal blend.

Elderberries and rosehips are rich in antioxidants and vitamin C, strengthening the immune system while reducing inflammation in the throat.

Wild cherry bark acts as a natural cough suppressant, relaxing the respiratory tract and easing spasms, while cinnamon offers antibacterial benefits and provides flavor.

Echinacea root boosts immunity and helps the body fight infections, while mullein leaf soothes irritated mucous membranes.

Licorice root eases discomfort and reduces inflammation while ginger root promotes circulation and reduces congestion.

What truly sets this syrup apart is the use of Basswood honey—a rare, light-colored honey known for its floral aroma and antibacterial, anti-inflammatory, and expectorant properties. Unlike common honey varieties, Basswood honey is especially effective at soothing irritated throats and supporting respiratory health.



Bug-B-Gone Insect Repellent is a 100% pure, therapeutic-grade formula that rubs on easily, leaving no greasy residue. Free of DEET, parabens, preservatives, and petrochemicals.

Citronella and lemongrass oils are well-known for their ability to mask scents that attract mosquitoes, making it harder for them to locate their target.

Rosemary and thyme oils have strong antimicrobial and insect-repelling properties, deterring ticks and fleas.

Geranium oil is particularly effective at deterring mosquitoes and can help reduce inflammation from bites.

Spearmint provides a fresh scent while contributing insect-repelling compounds. Clove oil, with its high eugenol content, delivers potent pest-fighting action.

These essential oils are blended into a base of Vitamin E and Sesame Carrier Oil, which not only help nourish and protect the skin, but also ensure even absorption.



Bug-B-Gone Insect Repellent

4 oz.

A natural, safe and effective alternative for repelling bugs such as ticks, mosquitoes, fleas, gnats, chiggers, and flies.

Ingredients

Distilled Water, *Aloe Vera, *Witch Hazel Extract, *Glycerin, *Edelweiss Extract, CoQ10, *Sweet Almond Oil, *Vitamin E Oil, Essential Oils: Citronella, Eucalyptus, Cedarwood, Geranium, Lemongrass, Thyme, and Peppermint

*organic

Retail Price

\$20.00



Coffee Sugar Scrub

9 oz.

A luxurious exfoliating treatment that leaves skin silky soft, smooth, and deeply nourished.

Ingredients

Organic Sugar, Coffee Grounds, Coconut Oil, Grape Seed Oil, Sweet Almond Oil, Abyssinian Oil, Rosemary Leaf Extract

Retail Price

\$12.00



Coffee Sugar Scrub not only polishes the skin to perfection but also nourishes it deeply, leaving it soft, supple, and beautifully scented with the essence of freshly-brewed coffee.

The combination of organic sugar and coffee grounds provides gentle, yet effective, exfoliation, sloughing away dead skin cells to reveal fresh, glowing skin beneath.

Coffee grounds not only improve circulation and help reduce the appearance of cellulite, but they also infuse the scrub with a rich, invigorating aroma that awakens the senses.

Coconut oil, grape seed oil, and sweet almond oil work together to hydrate and replenish the skin with essential fatty acids and vitamins, while Abyssinian oil delivers a lightweight, silky finish without clogging pores.

Rosemary leaf extract adds antioxidant protection and helps to soothe and tone the skin.

REVIEWS

from our clients



I love the **rose facial toner**. It feels so fresh and lovely. And I could see it making a difference in a very short time.

“

Throat and cough syrup:
Love that stuff. It's a winter staple at this house.



”



Wonderful products!
Love the **rose facial toner!**

“

This **throat and cough syrup** WORKS, lemme tell ya! When we needed an expectorant, it expectorated. 😊 When we needed a cough suppressant, it suppressed—arated! 😊 We went through four bottles in no time, because everyone likes to take it when there's a cough lurking around. No need to entice the littles to take it. In fact, you might need to hide it from them.





12 **Care Kits** Customizable

Give a meaningful gift to your friend to show them you care. We offer customizable care kits for the new mommy, the grieving, or just for friendship.



Customize your own care kit by choosing from any of our handcrafted, body care products. We will package them in a gift box and ship it right to your (or your friend's) door with a handwritten love note. We will gladly add thoughtful accents such as tea strainers, mugs, soft footsies, soap holders, and more.



Ideas

- New Mommy
- The Grieving
- Christmas
- Stillborn/Childless
- Sick
- Birthday
- Across the Miles

How to Order

- 1 Select your items from our Botanical Symphonies digital catalog
- 2 Email your order to: BotanicalSymphonies@outlook.com
- 3 Please be sure to include your **FIRST & LAST NAME** and **ADDRESS**.
- 4 Include any Discount Codes that apply (no discount will be applied without a code).
- 5 An invoice will be included in your package. Please remit payment upon receipt via check or PayPal.





Thank you so much for supporting
our small family business!

